NAME _____ SEMESTER/YEAR BEGAN LBRT _____

HAWAIʻI COMMUNITY COLLEGE, 2025-2026
Liberal Arts/Associate in Arts with a Concentration in Psychology (AA-LBRT)
Specific Pathway to UH-Hilo

Program Requirements (Overall [60 credits, cumulative GPA 2.0 required from all courses])

Course	Course Name	Semester, Year & Grade	AA Credits
First Semester			
ENG 100* (**FW**) / 100E	Composition I / Composition I (ESL)		3
ENG 102	College Reading Skills		3
MATH 115 (**FQ**) **OR** MATH 135 (**FQ**)	Statistics Pre-Calculus: Elementary Functions		3 (4)
PSY 100* (**DS**)	Survey of Psychology		3
Foundations - Global and Multicultural Perspectives **(FG)**	Choose 1 course from: Group A - Prehistory to 1500: **HIST** 151, **WGSS** 175 Group B - 1500 to Modern Times: **GEO** 102, **HIST** 152, **WGSS** 176 Group C - Prehistory to Modern Times: **REL** 150		3
	First Semester Total		**15**
Second Semester			
SP 151† **OR** SP 251†	Personal and Public Speech Principles of Effective Public Speaking		3 (3)
HDFS 230 (**DS**)	Human Development		3
HSER 110*	Introduction to Human Services		3
Arts (**DA**), Humanities (**DH**), Literature (**DL**)	See list on next page		3
Biological (**DB**) or Physical Science (**DP**)	See list on next page		3
Biological or Physical Science Lab (**DY**)	See list on next page		1
	Second Semester Total		**16**
Third Semester			
Foundations - Global and Multicultural Perspectives **(FG)**	Choose 1 course from a group not previously taken: Group A - Prehistory to 1500: **HIST** 151, **WGSS** 175 Group B - 1500 to Modern Times: **GEO** 102, **HIST** 152, **WGSS** 176 Group C - Prehistory to Modern Times: **REL** 150		3
Biological (**DB**) or Physical Science (**DP**)	See list on next page		3
HSER 192*	Seminar and Fieldwork I		3
PSY 213	Statistical Techniques		4
Arts (**DA**), Humanities (**DH**), Literature (**DL**)	See list on next page		3
	Third Semester Total		**16**
Fourth Semester			
HSER 292*	Seminar and Fieldwork II		3
PSY 214	Research Methodology		4
PSY Concentration Elective	Choose two 3-credit courses, not previously taken, from the following: **PSY** 170, 251, 260, 270, **SOC** 100		6
	Fourth Semester Total		**13**
	Total Credits		**60**

WRITING INTENSIVE (WI)* [“C” Grade or Higher Required] [1 Course Required] “W” Indicates WI Sections only. WI Offerings vary each Semester. A WI Section of any course will satisfy the WI Requirement]. **ART** 101, **BIOL** 124L, 275L, **ENG** 103, 105, 204, 215, 255, 256, 257A, 257E, **GEO** 292V, **HDFS** 230, **HIST** 120, 274, **HWST** 107, **PHIL** 100, 101, **PSY** 100, **SOC** 218, 251, **WGSS** 151, **ZOOL** 101L		---
HAWAIIAN/ASIAN/PACIFIC (HAP) ISSUES: [1 Course Required – 3 credits] • **ART 111** (Kaori Lang’s sections only) • **BOT 105** (Orlo Steele’s sections only) • **ENG 102** (Vivian Chin’s sections only) • **ENG 105** (Tagi Qolouvaki’s sections only) • **ENG 255** (Robyn Kalauli’s & Tagi Qolouvaki’s sections only) • **ENG 256** (Robyn Kalauli’s sections only) • **ENG 257A** (Robyn Kalauli’s & Tagi Qolouvaki’s sections only) • **HIST 154** (All sections/instructors) • **HWST 107** (All sections/instructors, recommended if transferring to UH-Mānoa) • **PACS 108** (All sections/instructors), • **WGSS 151** (Elizabeth Shaver’s sections only)		---
DIVERSIFICATION - ARTS, HUMANITIES, AND LITERATURE **[6 Credits Required, in two different areas: Arts (DA), Humanities (DH), Literature (DL)]** **1. Diversification – Arts (DA)** **ART** 101, 105B, 105C, 108, 111, 113, 114, 115, 214, 217, 230, **DNCE** 153, 190V, 195, **ENG** 204, **HWST** 103, 106, 130, 131, 206, 230, 231, **SP** 151†, 251† **2. Diversification – Humanities (DH)** **ASAN** 120, **HAW** 101, 102, 201, 202, **HIST** 120, 153, 154, 241, **HUM** 100, **HWST** 100, 101, 102, 105, 107, 201, 219, **PHIL** 100, 101 **3. Diversification – Literature (DL)** **ENG** 255, 256, 257A, 257E, **HWST** 270		--- --- --- ---
DIVERSIFICATION - NATURAL SCIENCES **[7 Credits Required, 2 courses + 1 lab]** [One three (3) credit course from **Biological Sciences (DB)** **and** one three (3) credit course from **Physical Sciences (DP)**, **and** any one (1) credit *Natural Science* **Lab** course (**DY**).] **1. Biological Sciences (DB)** [1 Course Required] **BIOL** 100, 101, 124, 156, 171, 172, **BOT** 101, **GEO** 170, **MICR** 130, **PHYL** 141, **ZOOL** 101 **2. Physical Sciences (DP)** [1 Course Required] **ASTR** 110, **BIOC** 141, **CHEM** 100, 161, **ERTH** 101, **GEO** 101, **OCN** 201, **PHYS** 100, 105 **3. Natural Science Lab (DY)** [1 Course Required] **BIOL** 100L, 101L, 124L, 156L, 171L, 172L, **BOT** 101L, 105L, **CHEM** 100L, 161L, **ERTH** 101L, **MICR** 140L, **PHYL** 141L, 142L, **PHYS** 100L, **ZOOL** 101L		--- --- ---
PSYCHOLOGY CONCENTRATION ELECTIVES+ [23 Credits Required]: **1. All required courses: HSER** 110*, 192*, 292*, **PSY** 213, 214 **2. Choose two 3-credit courses not previously taken from the following group:** **PSY** 170, 251, 260, 270, **SOC** 100		--- ---

*A grade of “C” or better is required to earn a certificate and/or degree and/or transfer to major.

† These courses are cross-listed, but will only count once for graduation requirements.

Courses completed that do not apply to major

Course	Sem., Yr. & Grade	Course	Sem., Yr. & Grade